**Career Interest Self-Assessment: Personality Assessment Worksheet**

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| **Meyers Briggs (humanmetrics)****Personality Type:** List your personality assessment. Example: INTJ, Introverted, Intuitive, Thinking, Judging  | **Focuscareer2****Personality Type:** List your personality assessment. Example: open-minded, fun-loving, problem solver, sociable, sensible.  |
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| **Personality Results.** Describe the results of **your** interest/personality assessment. | **Personality Results.** Describe the results of **your** interest/personality assessment. |
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**Summarize your assessments. Tell me how you think the surveys captured your personality. This is your section to express what you think.** **Based on your career interest results, describe not list, the characteristics of your ideal career. Example: Able to apply creativity, career growth, professional development opportunities, compensation, benefits, etc.**