**T. Perry’s SAMPLE Career Interest Self-Assessment: Personality Assessment Worksheet**

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| **Meyers Briggs (humanmetrics.com)**  **Personality Type:** List your personality assessment. | **Focuscareer2**  **Personality Type:** List your personality assessment. |
| INTJ: Introverted, Intuitive, Thinking, Judging | Open-minded, fun-loving, problem solver, sociable, sensible |
| **Personality Results:** Describe the results of **your** interest/personality assessment. | **Personality Results:** Describe the results of **your** interest/personality assessment. |
| INTJs are perfectionists, with a seemingly endless capacity for improving upon anything that takes their interest. What prevents them from becoming chronically bogged down in this pursuit of perfection is the pragmatism so characteristic of the type: INTJs apply (often ruthlessly) the criterion "Does it **work**?" to everything from their own research efforts to the prevailing social norms.  In the broadest terms, what INTJs "do" tends to be what they "know". Typical INTJ career choices are in the sciences and engineering, but they can be found wherever a combination of intellect and incisiveness are required (e.g., law, some areas of academia). INTJs can rise to management positions when they are willing to invest time in **marketing** their abilities as well as enhancing them, and (whether for the sake of ambition or the desire for privacy) many also find it useful to learn to simulate some degree of surface conformism in order to mask their inherent unconventionality. | * When working on projects, you place emphasis on creating harmonious relationships with associates by being tactful and sympathetic to their needs. * You see the positive qualities of other people and enjoy helping them improve their well-being, their talents, and their potential. * Your approach to work is to set your objectives, and perform the tasks required in an orderly way. * You make practical decisions in a systematic fashion based on the facts along with your own personal values.   Choosing Your Career:  People with your personality type are attracted to occupations where you can work directly with people and can see practical results from your actions. Examples of such occupations can be found in fields such as health services, business services, community services, teaching, counseling, marketing, human resources management, and selected areas of troubleshooting involving people. |

**Summarize your assessments. Tell me how you think the surveys captured your personality. This is your section to express what you think.** **Based on your career interest results, describe not list, the characteristics of your ideal career. Example: Able to apply creativity, career growth, professional development opportunities, compensation, benefits, etc.**

Meyers Briggs revealed career paths that would closely fit my personality traits. The assessment also helped identify strengths and weaknesses in regards to personal and career qualities. The test reflected more insight into how my personality would match up with particular careers. For instance, according to the Meyer’s Briggs test, INTJs would have successful careers in areas requiring intensive intellectual efforts, presenting intellectual challenge, and creative approach. Due to these characteristics, INTJs would be successful in technological companies, particularly in research and development, and also corporate lawyers, high and mid rank managers in technology companies and financial institutions.

Career Focus 2 revealed a more accurate personality assessment of my personality traits than any personality assessment I have taken. For instance, in relation to working on projects and teams, one of my top objectives is to create a harmonious working environment among team members. Seeing positive qualities in people and finding passion in seeing them grow and develop in their academic and professional goals speak to the essence of my values and commitment as a leader and educator. Based on my career interest results, the characteristics of my ideal career are creativity, career growth, problem solving, collaboration, appreciation, and recognition. This survey most accurately identified careers that would match my career characteristics such as business services, community services, teaching, counseling, marketing, and human resources management. These are the careers that have captured my interest and passion from childhood.